

**DEPARTMENT OF COACHING EDUCATION NATIONAL CORE TRAINING
PROGRAMME**

1ST YEAR AUTUMN TERM

CODE CODE	CLASS	SEMESTER	COURSE NAME	TYPE	T	U	K	ECTS
TUR-170	1	1	Turkish Language I	Z	2	0	2	2
ENG-101	1	1	English I	Z	2	0	2	3
ATA-160	1	1	Atatürk's Principles and History of Turkish Revolution I	Z	2	0	2	2
ANE-101	1	1	Introduction to Sport Sciences	Z	2	0	2	5
ANE-103	1	1	Movement Training	Z	2	1	3	5
ANE-105	1	1	Human Anatomy	Z	2	0	2	5
ANE-107	1	1	General Gymnastics	Z	1	2	2	4
ANE-109	1	1	Elective Sports I	S	1	2	2	4
KRY-001	1	1	Career Planning and Introduction to Working Life	Z	1	0	1	2
			TOTAL		14	5	18	32

1ST YEAR SPRING TERM

CODE CODE	CLASS	SEMESTER	COURSE NAME	TYPE	T	U	K	ECTS
TUR-270	1	2	Turkish Language II	Z	2	0	2	2
ENG-201	1	2	İngilizce II	Z	2	0	2	3
ATA-260	1	2	Ataturk's Principles and History of Turkish Revolution II	Z	2	0	2	2
ANE-102	1	2	Kinesiology	Z	2	0	2	5
ANE-104	1	2	Exercise Physiology I	Z	2	1	3	5
ANE-106	1	2	Athlete Health and First Aid	Z	2	1	3	5
ANE-108	1	2	Athletics	Z	1	2	2	4
ANE-110	1	2	Elective Sports II	S	1	2	2	4
			TOTAL		14	6	18	30

2ND YEAR AUTUMN TERM

CODE CODE	CLASS	SEMESTER	COURSE NAME	TYPE	T	U	K	ECTS
ANE-201	2	3	Training Science I	Z	2	0	2	4
ANE-203	2	3	Basic Information Technology Usage	Z	2	1	3	3
ANE-205	2	3	Exercise Physiology II	Z	2	1	3	4
ANE-207	2	3	Coaching Ethics and Principles	Z	2	0	2	3
ANE-209	2	3	Motor Development	Z	2	0	2	3
ANE-211	2	3	Sports Nutrition, Doping and Ergogenic Aids	Z	2	0	2	4
ANE-213	2	3	Speciality Field Education I	S	2	2	3	6
ANE-215	2	3	Elective Theoretical Courses I	S	2	0	2	3
			TOTAL		16	4	19	30

2ND YEAR SPRING TERM

CODE CODE	CLASS	SEMESTER	COURSE NAME	TYPE	T	U	K	ECTS
ANE-202	2	4	Training Science II	Z	2	0	2	4
ANE-204	2	4	Talent Selection in Sport	Z	2	0	2	4
ANE-206	2	4	Skill Learning in Sport	Z	2	0	2	3
ANE-208	2	4	Sport Psychology	Z	2	0	2	3
ANE-210	2	4	Athletic Performance Development Methods I	Z	1	2	2	3
ANE-212	2	4	Swimming	Z	1	2	2	4
ANE-214	2	4	Speciality Field Education II	S	2	2	3	6
ANE-216	2	4	Elective Theoretical Courses II	S	2	0	2	3
			TOTAL		14	6	17	30

3RD YEAR AUTUMN TERM									
CODE CODE	CLASS	SEMESTER	COURSE NAME	TYPE	T	U	K	ECTS	
ANE-301	3	5	University Common Elective Courses I	S	2	0	2	2	3
ANE-303	3	5	Competition / Competition Analysis	Z	2	1	3	4	
ANE-305	3	5	Special Teaching Methods in Sport	Z	2	1	3	4	
ANE-307	3	5	Physical Fitness	Z	2	0	2	4	
ANE-309	3	5	Sociology of Sport	Z	2	0	2	3	
ANE-311	3	5	Sports Injuries and Corrective Exercises	Z	2	1	3	3	
ANE-313	3	5	Athletic Performance Development Methods II	Z	1	2	2	3	
ANE-315	3	5	Speciality Field Education III	S	2	2	3	6	
			TOTAL		15	7	20	30	
3RD YEAR SPRING TERM									
CODE CODE	CLASS	SEMESTER	COURSE NAME	TYPE	T	U	K	ECTS	
ANE-302	3	6	University Common Elective Courses II	S	2	0	2	3	
ANE-304	3	6	Management and Organisation in Sport	Z	2	0	2	3	
ANE-306	3	6	Child Protection in Sport	Z	2	0	2	3	
ANE-308	3	6	Sports Biomechanics	Z	2	0	2	4	
ANE-310	3	6	Educational Games in Sport	Z	2	1	3	4	
ANE-312	3	6	Performance Measurement, Testing and Evaluation	Z	2	1	3	4	
ANE-314	3	6	Scientific Research Methods	Z	2	0	2	3	
ANE-316	3	6	Speciality Field Education IV	S	2	2	3	6	
			TOTAL		16	4	19	30	
4TH YEAR AUTUMN TERM									
CODE CODE	CLASS	SEMESTER	COURSE NAME	TYPE	T	U	K	ECTS	
ANE-401	4	7	Research Project in Sports Sciences I	Z	2	0	2	4	
ANE-403	4	7	WORKME Assessment I	Z/S	4	0	4	6	
ANE-405	4	7	WORKING Practice I	Z/S	0	24	12	20	
			TOTAL		6	24	18	30	
4TH YEAR SPRING TERM									
CODE CODE	CLASS	SEMESTER	COURSE NAME	TYPE	T	U	K	ECTS	
ANE-402	4	8	Research Project in Sports Sciences II	Z	2	0	2	4	
ANE-404	4	8	ISME Assessment II	Z/S	4	0	4	6	
ANE-406	4	8	WORKING Practice II	Z/S	0	24	12	20	
			TOTAL		6	24	18	30	

*A total of 6 course changes can be made from the compulsory courses in the first 6 semesters, with a maximum of one course per semester. In elective courses, additions can be made as much as desired.

Remarks:

- In order to take Exercise Physiology II course, it is necessary to be successful in Exercise Physiology I course.
- In order to take Training Science II course, it is necessary to be successful in Training Science I course.
- From Specialised Field Education I course in order to take Specialised Field Education II course,
- From Specialised Field Education II course in order to take Specialised Field Education III course,
- In order to take Specialised Field Education IV course, it is necessary to be successful in Specialised Field Education III course.
- VET Practice and VET Evaluation will be carried out according to the Vocational Training in Enterprise (VET) Working / Application Principles Directive.

SPECIALITY FIELD EDUCATION COURSES
Artistic Gymnastics
Athletics
Badminton
Basketball
Cycling
Boxing
Fencing
Football
Futsal / Indoor Football
Goalball
Wrestling
Weightlifting
Hockey
Judo
Kano
Karate
Skiing
Kick Boxing
Shovel
Table Tennis
Handball
Korfball
Muay-Thai
Archery
Orienteering
Taekwondo
Tennis
Volleyball
Bodybuilding and Fitness
Wushu
Swimming
ELECTIVE PRACTICE COURSES (TEAM/INDIVIDUAL)
Elective Team Sports
Basketball
Ice Hockey
Football
Goalball
Handball
Hockey
Korfball
Protected Football
Indoor Football / Futsal
Turkish Folk Dances
Volleyball

Elective Individual Sports
Artistic Gymnastics
Shooting
Badminton
Horse Riding
Cycling
Bocce
Boxing
Bowling
Ice Skating
Mountaineering
Dart
Outdoor sports
Fencing
Demonstration Gymnastics
Wrestling
Weightlifting
Judo
Kano
Karate
Skiing
Camp (Summer/Winter)
Kick Boxing
Table Tennis
Muay-Thai
Archery
Orienteering
Pilates
Rhythm Education and Dance
Sportive Rhythmic Gymnastics (Women)
Step Aerobics
Taekwondo
Tennis
Bodybuilding and Fitness
Wushu
Sailing and Windsurfing

ELECTIVE THEORETICAL COURSES
Communication Skills in Coaching
Lifeguard Training
Coaching for Children
Physical Fitness in Children
Drama Teaching
Exercise Biochemistry
Exercise Prescription and Applications
Exercise and Life Coaching
Sports for Disabled People
Exercise and Psychology
Development and Learning
Group Dynamics and Leadership
Sport and Wellness for All
Women and Sport
Kinanthropometry
Comparative Coach Education Programmes
Club Management
Motivation Techniques and Goal Setting
Olympism and Olympic Movement
Sports Management in Private Institutions and Organisations
Recreation Leadership
Sports Animator
Statistics in Sport Sciences
Economics in Sport
Sport Industry and Marketing
Ethical Values in Sport and Fair-Play Education
Sports Law
Communication and Public Relations in Sport
Human Resources Management in Sport
Sport Culture and Philosophy
Sports Massage
Organisational Behaviour in Sport
Sport Pedagogy
Performance Monitoring in Sport
Psychological Assistance Skills in Sport
Field and Material Information in Sports
Social Psychology of Sport
History of Sport
Technical, Tactical Teaching in Sport
Facility and Management in Sport
Total Quality Management in Sport
Sport and Tourism
Gender Equality and Sport
Lifelong Sport
Old Age and Sport
Local Governments and Sport